

# OCEAN GUARDIAN CHECKLIST

A family action tracker for *If We Ever Meet: In the Ocean*

Nine animals in the book asked for our help. Complete a task, color in its circle, and write the date.

☐ We carry a reusable water bottle instead of buying plastic ones. Done on: \_\_\_\_\_

☐ When we visit the beach, we leave nothing behind. Done on: \_\_\_\_\_

☐ If we ever get a pet fish, it comes from a farm, not the reef. Done on: \_\_\_\_\_

☐ If we go fishing, we use circle hooks. Done on: \_\_\_\_\_

☐ We ask a grown-up to choose ocean-friendly, sustainable fish at the store. Done on: \_\_\_\_\_

☐ On our way to the beach, we stay on the path. Done on: \_\_\_\_\_

☐ We pick up trash at the beach. Done on: \_\_\_\_\_

☐ At the beach at night, we keep our lights low. Done on: \_\_\_\_\_

☐ In shallow water, we do the stingray shuffle. Done on: \_\_\_\_\_

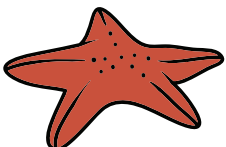
☐ We pick up loose trash wherever we find it so it doesn't wash its way to the ocean. Done on: \_\_\_\_\_

☐ We recycle whenever possible. The less plastic created, the cleaner the oceans. Done on: \_\_\_\_\_

☐ We wear reef-safe sunscreen or UPF clothing when we visit the ocean. Done on: \_\_\_\_\_

☐ We share what we learn about the ocean and how we can help keep it healthy. Done on: \_\_\_\_\_

☐ Our own ocean action: \_\_\_\_\_ Done on: \_\_\_\_\_



*The ocean is big, and I am small. But small things can make huge waves.*